

Permanent Makeup Contraindications (Lips)

Under 18

Diabetes type 1 (doctor's approval required if you are insulin resistant)

Uncontrolled High Blood Pressure

Heart disease (requires doctor's approval)

Transmittable blood conditions (e.g., HIV or Hepatitis)

Epilepsy (requires doctor's approval)

Pregnant or Breast feeding

Taking blood thinners (doctor to approve coming off a few days before your procedure)

Taking ARV's

Psoriasis

Allergic to Anaesthetic (e.g. Lidocaine)

Active Herpes outbreak (cold sore)

Auto immune disease (doctor's approval required)

Chemo therapy (6 months after)

Hepatitis (have or had in the past)

Moles, lesions, sores on the area to be treated (Moles on the area should be assessed and/or removed by your dermatologist, and fully healed before procedure)

Keloid or Hypertrophic scarring (a patch test is recommended 4 weeks before)

Liver failure

Flu

Endocrine system diseases

CAUTIONS

- If your appointment is during a cold sore outbreak, your procedure cannot be performed. If you do not have cold sores, it is still highly recommended for you to go to your family doctor and get Zovirax or another anti viral medication. Lip blush can trigger cold sores if you are a carrier of this virus therefore as a precaution, it is recommended that you take anti viral medication as cold sores can affect the healing result.
- Do not get lip injections 4 weeks before and after this treatment.
- Do NOT drink coffee or any caffeine on the day of the procedure
- Do NOT drink alcohol 24 hours before the procedure
- Do NOT workout on the day of the procedure
- Do NOT consume Advil, Aspirin, Niacin, Vitamin E and/or Ibuprofen, fish oil supplements, omega-3, unless medically necessary or any blood thinning medication for a minimum of 72 hours prior to the procedure. (Tylenol or acetaminophen is okay)
- Exfoliators, creams containing Glycolic Acid, Retin-A, Renova, and Alpha Hydroxyls Acid (AHAs) at least 72 hours before the procedure
- Chemical peels and laser treatments should be avoided within 4 weeks of the procedure
- If you have been on prescription Accutane in the past, you MUST wait at least 1 year before considering this procedure.
- You should not take antibiotics during 1 month before procedure.

Recommended to use lips scrub before your procedure

Use moisturizer often on you lips in the days prior to the procedure to maintain smooth texture.

AFTERCARE

Lips will be tender at first, please drink through a straw only for a first 2 days.

Choose foods you can place in your mouth with a fork without touching lips.

Do not excessively stretch lips while they are healing with big smiles, or pucker lips with smoking.

Try to keep toothpaste off lips while healing.

Do not have teeth bleached while healing.

Use a cotton pads dipped into sterile water and gently clean the area, slightly swipe off your lips every two hours the day of the procedure and two times a day the next 2 days.

After each application of sterile water apply a thin layer of Vaseline using Q-tip.

DON'T USE Hydrogen peroxide or alcohol on a treatment site!

Before each meal, brushing your teeth and washing your face, apply a very thick layer of Vaseline

Day 1 – 10 please avoid:

Getting the treatment site wet

Working out

Touching or picking

Over the next 30 days please avoid:

Direct sun exposure, tanning beds, spray tan

Make up or products on treatment site

Sleeping on the face

Sauna, Facials & Regenerative creams